



### Unit 3 Lead Steward Report – September 2026

Since the last GMM, I have been involved in the following activities:

- Organized the CUPE Unit 3 Postdoc Social on September 22, which brought together more than 50 members. The event gave postdocs from different departments a chance to meet, share their experiences, and build connections with other Unit 3 members. We discussed available benefits, union policies, and where members can turn for support. Members were also able to ask questions and speak directly with stewards in an informal setting. The strong turnout showed the value of creating more opportunities for postdocs to connect with one another and engage with their union.
- Continued to hold regular office hours and meet with Unit 3 members to address their questions and concerns.
- Helped members navigate benefit claims and eligibility questions, particularly for the Professional Development Fund, Health Care Spending Account, and Postdoctoral Support Fund.
- Followed up with members ahead of the August 31 benefits deadline so they had time to submit their claims.
- Attended the executive committee, benefits committee and budget committee meetings and participated in discussions
- Connected with departmental stewards about issues arising in their departments and ways to reach more postdocs.
- Encouraged departmental stewards to organize social events to promote member engagement and provide opportunities to share information about union benefits and resources.
- Asked departmental stewards to complete and submit their summer term reports, then processed their honoraria.

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