

CUPE Spring School Report

WSIB Level 1 and Level 2

I attended both WSIB Level 1 and Level 2 training sessions in CUPE Spring School. The training focused on workplace injuries, occupational illnesses, compensation claims, return-to-work processes, workers' rights and responsibilities, and union advocacy within the Workplace Safety and Insurance Board (WSIB) system in Ontario.

The sessions emphasized the important role CUPE locals play in supporting members who experience workplace injuries or occupational diseases. Training discussions highlighted how unions assist members in navigating claims processes, advocating for fair treatment, supporting return-to-work procedures, and strengthening workplace protections through collective advocacy and representation.

The training also provided guidance on the support available through CUPE Return to Work Specialists, who assist members dealing with sick leave, long-term disability, workplace injuries, and occupational illnesses. In addition, the sessions reviewed members' rights and obligations when workplace injuries occur, including the importance of seeking immediate medical attention, promptly reporting injuries or occupational diseases to supervisors, completing workplace reporting procedures, and filing the required WSIB documentation.

As part of the event, I also participated in and presented a skit focused on workplace injury scenarios and workers' rights within the WSIB process. This activity supported interactive learning and helped communicate key information in an engaging and accessible way. I am also preparing a more detailed document for members for information purpose.

if you have any question/concern please feel free to email me at president@cupe3906.org.