

PROOF OF COVERAGE FOR OPTING OUT OF CUPE 3906 DENTAL PLAN

Important note about **proof of alternate coverage** for opting out of the CUPE 3906 dental plan: our insurance company **will not** process dental opt-out requests without appropriate proof of alternate dental coverage. Proof of alternate dental coverage **must** have your name listed on the official document (i.e., not just your parent or spouse's name) and will not be processed if your name does not appear on the official document. Proof of alternate coverage may be: a letter from your parent or spouse's insurance company listing you as eligible under their dental coverage; a benefits card with your name listed as a spouse or dependent; a copy of a recent paid claim for you under your parent or spouse's dental plan; or a screen shot from your parent's or spouse's insurance company website listing you as a dependent on their plan. Please note that student dental coverage (e.g., through the GSA) **does not** count as eligible proof of alternate coverage to opt-out of this employee plan.

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