



# Employee Assistance Program

Feel supported, connected and rewarded every single day with expert advice, recommendations and referrals from a confidential Employee Assistance Program (EAP), and convenient access to online resources and tools.



## Get started

Download the app or visit [login.lifeworks.com](http://login.lifeworks.com) on a web browser.

Enter:

Click “Next” and you will be redirected to single sign on for your organization.

**Contact us any time, 24/7, for qualified support:**

Connect online: [login.lifeworks.com](http://login.lifeworks.com) or by mobile

Support for your immediate family members.

Under “Profile”, invite up to five dependents\* to join you on the platform.

